

# DAY 01

20th February, 2026  
Friday

# APNEA HALL 1: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Title
<b>Registration 8:00 am onwards</b>		
8:45 AM	<b>Setting up the stage – Maria Suurna, Vikas Agrawal, Srinivas Kishore &amp; Vijaya Krishnan</b>	
<b>Key Note Lecture</b> <i>Chairpersons: Anand Raju, Atul Pore</i>		
9:00 AM	Bhik Kotecha, United Kingdom	History of OSA from Dickens to Da Vinci & Beyond
9:20 AM	Olivier Vanderveken, Belgium	Do we need DISE in all our patients with OSA
9:40 AM	Kenny Pang, Singapore	UARS – A New Classification
<b>Mohan Kameswaran Oration</b> <i>Chairpersons: Srinivas Kishore, Anagha Joshi, Karthikeyan K</i>		
10:00 AM	Lyndon Chan, Australia	The Proud Australian: The Past, Present and Future
<b>Past President Oration</b> <i>Chairpersons: Bachchi Hathiram, Sujeet Rajan, Mohan Kameswaran</i>		
10:30 AM	Vidyasagar R, India	Sleep Surgery: The Times When 'No' is the Best Option
11:00 AM	<b>Inauguration – Chief Guest "Hon'ble Dr Justice Dhananjaya Y Chandrachud, Former Chief Justice of India"</b>	
<b>Understanding Endotypes, Phenotypes &amp; Biological Markers</b> <i>Chairpersons: Sandeep Bansal, Rajeev Nerurkar</i>		
12:00 PM	Boyd Gillespie, USA	Understanding Endotypes and Phenotypes in OSAS
12:15 PM	Carolina De Paula Soares, Brazil	OSA in Women: Phenotypes, Endotypes, and Clinical Implications across the Lifespan
12:30 PM	Nicole Perez Blanc, Mexico	Type 2 Inflammation and Biological Markers in OSAS
12:45 PM	Edilson Zancanella, Brazil	Beyond AHI: Rethinking Disease Severity
<b>1:00 PM</b>	<b>Lunch</b>	
<b>Inputs in Nasal Surgery for sleep apnea</b> <i>Chairpersons: Nilesh Madkikar, Sumit Samant</i>		
2:00 PM	Kenny Pang, Singapore	Is the nose so crucial in OSA surgery
2:15 PM	Danilo Sguillar, Brazil	Nasal Surgery and Its Impact on OSA
2:30 PM	Vikas Agrawal, India	Optimizing CPAP Therapy: The Role of Nasal Surgery
<b>Inputs in Nasal Surgery for sleep apnea</b> <i>Chairpersons: Rajesh Valand, Kamal Ghanshamnani</i>		
2:45 PM	Cristian Bachelet (Moderator), Ashutosh Kacker, Danilo Aguilar, Alberto Landaida	Nasal Surgery in OSA: Foundation or Adjunct?
<b>The Art and Science of Clinical Evaluation</b> <i>Chairpersons: Renuka Balu, Satyaprakash Dubey</i>		
3:30 PM	Sumit Samant, New Zealand	Clinical Evaluation of OSA: A Surgeon's Perspective
3:45 PM	Jessica Schwartz, UAE	First visit approach of the snoring patient in the ENT clinic
4:00 PM	Kavita Dedhia, USA	Clinical evaluation of Persistent Pediatric OSAS – After T & A
<b>Beyond Snoring: The Art and Science of Clinical Evaluation in SRBD</b> <i>Chairpersons: Shalabh Sharma, Vineet Jain</i>		
4:15 PM	Dipankar Datta (Moderator), Ryan Cheong, Carolina De Paula Soares, Kranthikumar Reddy, Souvik Roy Choudhury, Kamal Pandyan	Beyond Snoring: The Art and Science of Clinical Evaluation in SRBD
<b>Instructional Course 5 (120 mins)</b>		
5:30 PM	Tripat Deep Singh, India	Scoring Sleep Studies: A Practical Workshop for Clinicians

# HYPOPNEA HALL 2: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Title
<b>Combined Sessions</b>		
<b>Principles of Structural and Functional Contributors to Obstructive Sleep Apnoea</b> <i>Chairpersons: Arjun Dasgupta, Navinkumar Patel</i>		
12:00 PM	Sukhvinder Bindra, India	Craniofacial growth and its relationship with AOS
12:15 PM	Michel Cahali, Brazil	Deep Sleep and OSA: Revisiting Respiratory Sleep Physiology
12:30 PM	Arushi Gulati, USA	Decision making in Sleep Surgery
12:45 PM	Ranjini Raghavan, India	Is Snoring benign? Carotid Intima-Media thickness as a Marker of Subclinical Vascular Risk
<b>1:00 PM</b>	<b>Lunch</b>	
<b>Functional airway assessment</b> <i>Chairpersons: Sanjay Helale, Susan K Sebastian</i>		
2:00 PM	Yoshinori Saito, Japan	Natural Sleep Endoscopy
2:15 PM	Rashu Mittal, Bahrain	Dynamic Drug Induced Sleep Computed Tomography: A correlation with other diagnostic modalities
2:30 PM	Narinder Singh, Australia	CFD and Nasal Airflow
<b>Role of imaging in functional airway assessment</b> <i>Chairpersons: Rachit Vankamamidi, Navneet Mathur</i>		
2:45 PM	Seemab Shaikh (Moderator), Vijaya Krishnan, Konomi Ikeda, Roshan Rayen	Emerging role of imaging in functional airway assessment
<b>Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What’s Reliable?</b> <i>Chairpersons: Ravinder Kumar, Samrat Bandyopadhyay</i>		
3:30 PM	Mariana Campos, Spain	Sleep Medicine in the Era of Big Data and AI: How large-scale analysis of PSG
3:45 PM	Tripat Deep Singh, India	PSG - Success lies in the data which we are Ignoring
4:00 PM	Rahul Modi, India	Can we trust in PSG parameters?
<b>DISE, CBCT, and Dynamic MRI: Are we seeing the same airway?</b> <i>Chairpersons: Rajika Ramkrishnan, Yogesh Neupane</i>		
4:15 PM	Vijaya Krishnan (Moderator), Bhik Kotecha, Sandeep Bansal, Seemab Shaikh, Sukhvinder Bindra, Marina Carrasco-Llatas, Srinivas Kishore	DISE, CBCT, and Dynamic MRI: Are We Seeing the Same Airway?
<b>Instructional Course 6 (120 mins)</b>		
5:30 PM	Sandeep Bansal, Anukaran M, Shilpa Nair, Kashmiri Kumawat	Drug-Induced Sleep Endoscopy (DISE) – Step-by-Step Technique

# RERA Hall 3: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Title
<b>Combined Sessions</b>		
<b>From Airway Anatomy to Endotype-Driven Surgical Selection</b> <b>Chairpersons: Milind Khare, Pradeep Gadiwan</b>		
12:00 PM	Sreenivas Kamath, India	Understanding the Velopharynx: A Surgical Perspective
12:15 PM	Shilpa Nair, India	Functional Anatomy of the Oropharynx, and Hypopharynx in OSAS
12:30 PM	Anupam Kanodia, India	Endotypes and Phenotypes in OSAS: Concepts and Clinical Relevance
12:45 PM	Kamal Pandyan, India	Endotype-Based Patient Selection for Surgical Therapy
<b>1:00 PM</b>	<b>Lunch</b>	
<b>Pediatric OSAS</b> <b>Chairpersons: Grace Budhiraja, Mrutyunjay Bilagi</b>		
2:00 PM	Tushar Kanti Ghosh, India	Nasal stuffiness, mouth breathing, snoring in children's is it really allergic or something else.
2:15 PM	Sankara Subramanian, India	Role of Allergic Rhinitis in Pediatric OSAS
2:30 PM	Shailesh Khode, UAE	Residual OSAS in Non syndromic children: Post T & A
<b>Scoring the Airway: Do We Need a Universal Classification for Sleep Endoscopy?</b> <b>Chairpersons: Amrit Kapoor, Paresh Naik</b>		
2:45 PM	Thomas Kaffenberger (Moderator), Vikas Agrawal, Narinder Singh, Sohil Gala	Scoring the Airway: Do We Need a Universal Classification for Sleep Endoscopy?
<b>Palate Surgery: Principles &amp; Rationale</b> <b>Chairpersons: Ashish Castellino, Sandeep Dachuri</b>		
3:30 PM	Nagarajan S, India	Principles and Biomechanics of Palatal Surgical expansion
3:45 PM	Antony Irudhayarajan, India	Rationale for Uvula-Sparing Techniques in OSAS Surgery
4:00 PM	Vidyasagar D, India	Modified Barbed Pharyngoplasty: When, Why, How?
<b>Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What's Reliable?</b> <b>Chairpersons: Rakhi Dhotre, Priyadarshini Govindarajalu</b>		
4:15 PM	Prabhudesai P (Moderator), Tripat Deep Singh, Vidyasagar D, Anupam Kanodia, Jas Simran, Raghavendra K S, Prakhar Agarwal	Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What's Reliable?
<b>Instructional Course 7 (120 mins)</b>		
5:30 PM	Ranjini Raghavan, Navin Patel, Dipankar Datta, Bijiraj, Rahul Nahar, Shivam Sharma	The New Pack in ENT: Elevating Sleep Procedures with WEREWOLF, HALO, and ARIS

# NREM Hall 4: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Title
<b>Combined Sessions</b>		
<b>Revisiting DISE: Evolution, Interpretation &amp; Re-Classification</b> <i>Chairpersons: Pawan Rane, Panchala Murthy</i>		
12:00 PM	Bhik Kotecha, UK	40 Years of DISE
12:15 PM	Shivam Sharma, India	From Static Anatomy to Dynamic Function: Insights from DISE
12:30 PM	Anand Raju, India	The Limitations of Current DISE Interpretation: Implications for a New Classification Framework
12:45 PM	Mihir Mohan, India	DISE classifications: Are we just poking a continuum?
<b>1:00 PM</b>	<b>Lunch</b>	
<b>ISSS Research Meeting (2 pm to 6 pm)</b>		
<b>Instructional Course 8 (90 mins)</b>		
6:00 PM	Gautham K, Atul Pore, Sumit Samant	Interdisciplinary Surgical Planning for Multilevel Sleep Surgery

# REM Hall 5: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Title
<b>Combined Sessions</b>		
<b>Integrating Dental and Clinical Perspectives in SDB</b>		
12:00 PM	Audrey Yoon, USA / Nivedita Kumar, India	OSA from Dental Perspective
12:15 PM	Mihir Shah, India	Pathophysiology of Pediatric OSA: Phenotypic Perspective
12:30 PM	Preeth Shetty, India	History and Clinical Examination in Pediatric SDB
12:45 PM	Pooja Radadiya, India	History and Clinical Examination in Adult SDB
<b>1:00 PM</b>	<b>Lunch</b>	
<b>Diagnostic Tools for Airway Assessment</b>		
2:00 PM	Roshan Rayen, India	Investigatory Tools for Growth Based Airway Assessment
2:15 PM	Nivedita Kumar, India	Sleep Studies interpretation for Dentists
2:30 PM	Sukhvinder Bindra, India	CBCT Interpretation for Obstructive Sleep Apnea
<b>Airway Augmentation &amp; Growth Modification</b>		
2:45 PM	Manisha Yadav, India	Airway Augmentation from Infancy to Adulthood
3:00 PM	Santoshkumari Rathod, India	Treatment modalities for Pediatric SRBD at different Ages
3:15 PM	Sneha Hukmani, India	Role of Functional Appliances- Twin Block in Pediatric SDB
<b>Guiding growth Guarding Sleep craniofacial growth modifications for pediatric OSA</b>		
3:30 PM	Ejaz Anwar, India	Influence of Vertical facial growth on OSA & the role of Non-Surgical Orthodontic Intervention
3:45 PM	Kranthikumar Reddy, India	Maxillary expansion and OSA: Decision making in clinical practice
4:00 PM	Jojo Vallamattam, India	Unlocking the power of breathing & Sleep with MSE
<b>Airway Remodeling for pediatric and adolescent</b>		
4:15 PM	Mihir Shah (Moderator), Rahul Modi, Jojo Vallamattam, Meenakshi Kher, Audrey Yoon, Somnath Maiti	Airway Remodeling for pediatric and adolescent
<b>Surgical Video Session 3</b>		
5:30 PM	Chandrakant Shete, India	Novel way for effective Management of OSA: Customised Mandibular Repositioning Device & CPAP (Hybrid Therapy)
5:45 PM	Hariharan VS, India	Videos session on MAD DEVICE for snoring.
6:00 PM	Ankita Shah, India	Why Many Sleep Appliances Fail: The Missing Role of TMJ, Tongue Posture & Neuro-Fascial Balance
6:15 PM	Jojo Vallamatam, India	Surgical Assisted MSE with Piezotome
6:30 PM	Tina Rokadia, Dubai	Video session for DISE In MAD's
6:45 PM	Pratibha Mahajan, India	Dynamics of treatment of sleep apnea,posture and performance enhancement in sports.
7:00 PM	<b>Q &amp; A</b>	

# PSG Hall 6: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Title
<b>Combined Sessions</b>		
<b>Instructional Course 1 (60 mins)</b>		
12:00 PM	Rahul Modi, Sohil Gala, Anupam Kanodia	Polysomnography & Sleep Report Interpretation for Surgeons
1:00 PM	<b>Lunch</b>	
<b>Instructional Course 3 (90 mins)</b>		
2:00 PM	Srinivas Kishore, India Vidyasagar R, India Yawar, India	Detailed Surgical Anatomy of the Upper Airway: From Nasal Valve to Epiglottis
<b>Surgical Video Session 1</b> <b>Chairperson: Lovkesh Mittal</b>		
3:30 PM	Tatiana de Agular, Brazil	Barbed reposition pharyngoplasty : When, how and Why?
3:45 PM	Maria Alejandra Pulido	Barbed Pharyngoplasty (BRP): How I do it
4:00 PM	Nayeli Diaz	Barbed Pharyngoplasty (BRP): How I do it
4:15 PM	Luciana Godoy	Barbed Pharyngoplasty (BRP): How I do it
4:30 PM	Raul Martinez Vite	Barbed Pharyngoplasty (BRP): How I do it
4:45 PM	Anamika Rathore, Dubai	Barbed Pharyngoplasty (BRP): How I do it
<b>Surgical Video Session 4</b> <b>Chairperson: Anupam Kanodia</b>		
5:30 PM	Ganesh Raja, India	Palatal Surgery: Modifications
5:45 PM	Ani Papiian, Russia	Vicini and Salamanca Technique of Barbed Pharyngoplasty
6:00 PM	Satyaprakash Dubey, India	My experience with UPPP
6:15 PM	Neha Shah, India	RAUP by Kotecha technique
6:30 PM	Anand Raju, India	Modified Zeta Palato Pharyngoplasty
6:45 PM	Deepa MK	Suspension Bridge Pharyngoplasty
7:00 PM	Sanu Moideen, India	Barbed Pharyngoplasty (BRP): How I do it
7:15 PM	Sandeep Patel, India	Zeta Palatopharyngoplasty

# AROUSAL HALL 7 : DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Title
<b>Combined Sessions</b>		
<b>Instructional Course 2 (60 mins) Resmed Session</b>		
12:00 PM	Dipti Badwe, Dipankar Datta, India	CPAP Titration, Troubleshooting, and Data Interpretation for Surgeons
<b>1:00 PM</b>	<b>Lunch</b>	
<b>Instructional Course 4 (90 mins)</b>		
2:00 PM	Clemens Heiser - Germany, Ryan Cheong - UK	Neurostimulation
<b>Surgical Video Session 2</b>		
3:30 PM	Deepti Sinha, India	Role of nasal surgery in Sleep Apnea
3:45 PM	Rakhi Dhotre, India	Pediatric Septoplasty
4:00 PM	Ram Kumar, India	Role of Turbinate Surgery in Pediatric OSAS
4:15 PM	Susan Sebastian, India	Tongue base surgery for OSA patients: How I do it ?
4:30 PM	Marty Hopp, USA	Using Virtual Health to Guide Mandibular Advancement Device (MAD) Treatment of OSA
4:45 PM	Andrew Wong, Australia	Multilevel sleep surgery with coblation tongue reduction
<b>Instructional Course 9 (120 mins)</b>		
5:30 PM	Sukhvinder Bindra, Dipesh Rao, India	Skeletal Framework Surgery - Hands on