

# DAY 03

22nd February, 2026  
Sunday

# APNEA HALL 1: DAY 03 – 22nd February, 2026 (Sunday)

| Time  | Speaker   | Title  |
|---|---|--|
| <b>Surgical Video Session 12</b><br><b>Chairperson: Rahul Nahar</b>   |   |  |
| 8:00 AM   | Boyd Gillespie, USA   | Hypoglossal Nerve Stimulation (HNS)  |
| 8:15 AM   | Marty Hopp, USA   | Inspire vs Imthera - Outcomes and Technique  |
| 8:30 AM   | Ryan Cheong, UK   | Nyxoah - Surgical technique  |
| <b>Key Note Lecture</b><br><b>Chairpersons: Nilesh Madkikar, Rahul Gupta</b>  |   |  |
| 9:00 AM   | Clemens Heiser, Germany   | Hypoglossal Nerve Stimulation: Transforming OSA Therapy and Redefining the Future of Sleep Surgery |
| 9:20 AM   | Kathleen Yaremchuk, USA   | What is old is new again   |
| 9:40 AM   | Audrey Yoon, USA  | Precision Nasomaxillary Expansion for SDB  |
| <b>Vikas Agrawal Oration</b><br><b>Chairpersons: Hetal Marfatia, Seemab Shaikh, Madhusudhana Rao</b>                              |   |  |
| 10:00 AM  | Maria Suurna, USA   | Innovation in Sleep Surgery and Medical Therapies - Rethinking the OSA Treatment Algorithm         |
| <b>Theme Lecture</b><br><b>Chairpersons: Deenadayal DS, Bhik Kotecha, SKE Appa Rao</b>  |   |  |
| 10:30 AM  | Srinivas Kishore, India   | Global Perspectives in Sleep Surgery: What the World Has Taught us so Far                          |
| <b>Key Note Lecture</b><br><b>Chairpersons: Senthil Vadivu, Makarand Damle</b>  |   |  |
| 11:20 AM  | Paul Hoff, USA  | Neurostimulation for Obstructive Sleep Apnea: Past, Present and Future                             |
| 11:40 AM  | Marina Carrasco-Llatas, Spain   | Impact of DISE on Surgical Results in OSA  |
| <b>Personalizing PAP and Alternative Therapies - Sanrai Med Session</b><br><b>Chairpersons: Amit Sheth, Makarand Damle</b>        |   |  |
| 12:00 PM  | Shailesh Khode, UAE   | CPAP & Surgery In OSA: Complementary Strategies for Adherence                                      |
| 12:15 PM  | Valérie Wiener, Belgium   | Intraoral Negative Airway Pressure Therapy (INAP)  |
| 12:30 PM  | Sibashish Dey, India  | Different PAP Modalities in Obstructive Sleep Apnea  |
| 12:45 PM  | Dipti Badwe, India  | Troubleshooting CPAP Therapy in Clinical Practice  |
| <b>1:00 PM</b>  | <b>Lunch</b>  |  |
| <b>Beyond CPAP and Surgery</b><br><b>Chairpersons: Deenadayal Samuel Dasari, Sohil Gala</b>                                       |   |  |
| 2:00 PM   | Ryan CT Cheong, UK  | GLP-1 Agonists for Obesity in OSAS   |
| 2:15 PM   | Atul Pore, India  | Positional Therapy: An Adjunct in OSAS Treatment   |
| 2:30 PM   | Jas Simran, India   | Is There a Role for Drugs in OSAS?   |
| <b>CPAP Intolerance: Where to Draw the Line Before Considering Surgery?</b><br><b>Chairpersons: Kaushal Sheth, Shailesh Khode</b> |   |  |
| 2:45 PM   | Rodolfo Lugo (Moderator), Dipti Badwe, Vidyasagar D, Rahul Nahar  | CPAP Intolerance: Where to Draw the Line Before Considering Surgery?                               |
| <b>The Future of Sleep Surgery: Global Trends &amp; Guidelines</b><br><b>Chairperson: Upendra Soni</b>                            |   |  |
| 3:30 PM   | Sumit Samant, New Zealand   | Sleep healthcare in NZ: Small, slow but steady   |
| 3:45 PM   | Andrew Wong, Hong Kong  | Sleep healthcare in Hong Kong  |
| 4:00 PM   | Maria Gabriela Bosco, Spain   | Sleep healthcare in Europe   |
| <b>The Future of Sleep Surgery: Global Trends, Guidelines, and Collaborative Care Models</b><br><b>Chairperson: Milind Khare</b>  |   |  |
| 4:15 PM   | Rahul Modi (Moderator), Vijaya Krishnan, Marty Hopp, Rodolfo Lugo, Lyndon Chan, Abhay Sharma, Andrew Wong | The Future of Sleep Surgery: Global Trends, Guidelines, and Collaborative Care Models              |
| <b>VF</b>   |   |  |
| <b>5:00 PM</b>  | <b>Valedictory Function</b>   |  |

# HYPOPNEA HALL 2: DAY 03 – 22nd February, 2026 (Sunday)

| Time   | Speaker   | Title  |
|--|---|--|
| <b>Surgical Video Session 13</b><br><b>Chairperson: Shivam Sharma</b>  |   |  |
| 8:00 AM  | Rakhi Dhotre, India   | Optimising Airflow - the role of nasal surgery in OSA                                |
| 8:15 AM  | Devina Chitanshi, India   | Piezoelectric Precision in Nasal Airway Bone Remodeling                              |
| 8:30 AM  | Vijaya Krishnan & Srinivas Kishore  | Coblation in OSAS: New Tools, New Possibilities                                      |
| <b>Combined Sessions</b>   |   |  |
| <b>Debate</b><br><b>Chairpersons: Vidyasagar Ramakrishnan, Jeevanan Jahendran</b>  |   |  |
| 11:20 AM   | Susan Sebastian, Atul Pore  | Multilevel Surgery Should be Performed in a Single Stage or in Multiple Stage        |
| 11:40 AM   | Dipti Badwe, Rahul Modi   | When CPAP Fails: Surgical Intervention vs Lifestyle Modification – Which Works Best? |
| <b>Global Perspectives on Sleep Surgery Training and Fellowship Programs</b><br><b>Chairpersons: Rahul Gupta, Kamal Ghanshamnani</b>         |   |  |
| 12:00 PM   | Rodolfo Lugo, Mexico  | Sleep Surgery Training Programs in Latinoamerican countries                          |
| 12:15 PM   | Abhay Sharma, USA   | Sleep Surgery Training Programs in USA   |
| 12:30 PM   | Vijaya Krishnan, India  | Sleep Surgery Training Programs in Asia  |
| 12:45 PM   | Shailesh Khode, UAE   | Trainee's Perspective on Global Sleep Surgery Fellowship Training                    |
| <b>1:00 PM</b>   | <b>Lunch</b>  |  |
| <b>Allergic and Non-Allergic Rhinitis in OSAS: Clinical Implications</b><br><b>Chairpersons: Vipin Jain, Chandra Shekar Reddy Ramalingam</b> |   |  |
| 2:00 PM  | Sarika Verma, India   | Role of Allergic Rhinitis management in CPAP compliance                              |
| 2:15 PM  | Bijiraj, India  | Allergic Rhinitis & Surgical Outcomes in OSAS  |
| 2:30 PM  | Rashmi Menon, India   | Non Allergic Rhinitis & OSAS - Pathophysiology                                       |
| <b>Multimodal Treatment Approach: Can Surgery, Oral Appliances, and CPAP Coexist?</b>  |   |  |
| 2:45 PM  | Jeevanan Jahendran (Moderator), Prakhar Agarwal, Sukhvinder Bindra, Mihir Shah                      | Multimodal Treatment Approach: Can Surgery, Oral Appliances, and CPAP Coexist?       |
| <b>OSAS Across Special Populations: Challenges and Outcomes</b><br><b>Chairperson: Anamika Rathore</b>                                       |   |  |
| 3:30 PM  | Jeevanan Jahendran, Malaysia  | OSAS in Pregnancy: Clinical Implications   |
| 3:45 PM  | Anukaran Mahajan, India   | Syndromic Children with OSAS: Challenges and Strategies                              |
| 4:00 PM  | Sreenivas Kamath, India   | Measuring Success in Obstructive Sleep Apnea Management                              |
| <b>Hypoglossal Nerve Stimulation: Where Do We Stand in 2026?</b><br><b>Chairperson: Meenakshi Rajput</b>                                     |   |  |
| 4:15 PM  | Olivier Vanderveken (Moderator), Clemens Heiser, Konomi Ikeda, Abhay Sharma, Paul Hoff, Ryan Cheong | Hypoglossal Nerve Stimulation: Where Do We Stand in 2026?                            |

# RERA Hall 3: DAY 03 – 22nd February, 2026 (Sunday)

| Time   | Speaker   | Title  |
|--|---|--|
| <b>Surgical Video Session 14</b><br><b>Chairperson: Anupam Kanodia</b>   |   |  |
| 8:00 AM  | Neha Shah, India  | Office Based Surgical Procedure using RF   |
| 8:15 AM  | Arjun Dasgupta, India   | Impact of Nasal Airway Surgery on Outcomes in Obstructive Sleep Apnea                            |
| 8:30 AM  | Vidyasagar D, India   | Different Techniques of Turbinate reduction  |
| <b>Combined Sessions</b>   |   |  |
| <b>Health Economics and Insurance Coverage in OSAS Management</b><br><b>Chairpersons: Chandra Veer Singh, Oindrila Seal</b>                      |   |  |
| 11:20 AM   | Vikas Agrawal (Moderator)<br>Prakash S, Mohan Kameswaran,<br>Prashant Chajjed, Priya<br>Deshmukh              | Health Economics and Insurance Coverage in OSAS Management                                       |
| <b>Quiz</b>  |   |  |
| 12:00 PM   | <b>Quiz - Anupam Kanodia / Rahul Nahar / Shivam Sharma</b>  |  |
| 1:00 PM  | <b>Lunch</b>  |  |
| <b>OSAS Co-Morbidities</b>   |   |  |
| 2:00 PM  | Heer Patel, India   | OSAS & Cardiovascular Morbidity  |
| 2:15 PM  | Rachit, India   | LPR and OSA: Pathophysiology, Clinical Impact, and Management                                    |
| 2:30 PM  | Janhvi Siroya Shah, India   | Obesity, PCOS & Sleep: The ENT's Role in a Gynaec-Driven Problem                                 |
| <b>Integrated Management of Pediatric OSAS: Surgery, Orthodontics, and Beyond</b><br><b>Chairperson: K S Raghu Chanakya</b>                      |   |  |
| 2:45 PM  | Srinivas Kishore (Moderator),<br>Navin Patel, Roshan Rayen,<br>Renuka Balu                                    | Integrated Management of Pediatric OSAS: Surgery, Orthodontics, and Beyond                       |
| <b>Functional Rhinoplasty in OSA</b><br><b>Chairperson: Ajay Deshpande</b>   |   |  |
| 3:30 PM  | Nilesh Madkikar, India  | Selecting the right patient: Indications, Outcomes and Multilevel pathways                       |
| 3:45 PM  | Prince Peter Dhas, India  | Open Septorhinoplasty - Achieving straight septum and a silent quality sleep                     |
| 4:00 PM  | Gowtham Illambharti, India  | Functional Rhinoplasty in OSA - Addressing the Turbinate's & Nasal Valve's - not just the septum |
| <b>Multidisciplinary Integration: Where Surgeons, Sleep Physicians, and Dentists Converge</b><br><b>Chairperson: Chitthuluru Madhusudana Rao</b> |   |  |
| 4:15 PM  | Seemab Shaikh (Moderator),<br>Sukhvinder Bindra, Nivedita,<br>Priyam, Dipankar Datta, Antony<br>Irudhayarajan | Multidisciplinary Integration: Where Surgeons, Sleep Physicians, and Dentists Converge           |

# NREM Hall 4: DAY 03 – 22nd February, 2026 (Sunday)

| Time   | Speaker   | Title  |
|--|---|--|
| <b>Surgical Video Session 15</b><br><b>Chairperson: Pooja Nagare</b>   |   |  |
| 8:00 AM  | Susan Sebastian, India  | Minimally invasive palato pharyngoplasty   |
| 8:15 AM  | Grace Budhiraja, India  | Minimally invasive channelling of tongue base  |
| 8:30 AM  | Ashim Desai, India  | Expansion sphincter pharyngoplasty   |
| <b>Combined Sessions</b>   |   |  |
| <b>Circadian and Metabolic Influences in OSAS Management</b><br><b>Chairpersons: Shailesh Pandey, Sugato Thakur</b>  |   |  |
| 11:15 AM   | Mahalakshmi R, India  | Circadian Rhythm for Sleep Surgeons  |
| 11:30 AM   | Agarwal JB, India   | Bariatric Surgery for OSAS   |
| 11:45 AM   | Abhay Agarwal, India  | Wt loss modalities for OSA resolution  |
| <b>Integrating Experience, Diagnostics, and Airway Optimization</b><br><b>Chairpersons: Atul Pore, Kailash Dubey</b> |   |  |
| 12:00 PM   | Ani Papian, Russia  | DISE & OSAS surgical treatment: My experience in Russia                                      |
| 12:15 PM   | Karthik Madesh, India   | Role of septo/turbinoplasty  |
| 12:30 PM   | Ramya Rathod, India   | Reading Between the Respiratory Events: Polysomnography Insights to improve surgical outcome |
| 12:45 PM   | Nersesyan Marina, Russia  | Rare reasons of apnoea in children   |
| 1:00 PM  | <b>Lunch</b>  |  |
| <b>Early spectrum of sleep-disordered breathing</b><br><b>Chairperson: Vivek Agarwal</b>                             |   |  |
| 2:00 PM  | Jas Simran, India   | UARS—The Overlooked Sleep Breathing Disorder   |
| 2:15 PM  | Sanu Moideen, India   | Prephase Nasal Surgeries in OSA  |
| 2:30 PM  | Heer Patel, India   | Management of Primary Snoring  |
| <b>Phenotyping Sleep Apnea: Is the Era of One-Size-Fits-All Over?</b><br><b>Chairperson: Janhvi Siroya</b>           |   |  |
| 2:45 PM  | Rahul Modi (Moderator), Sandeep Bansal, Col Kamalpreet Singh, Dipankar Datta                      | Phenotyping Sleep Apnea: Is the Era of One-Size-Fits-All Over?                               |
| <b>Decoding the Difficult Sleep Surgery Patient</b><br><b>Chairperson: Anand Gore</b>                                |   |  |
| 3:30 PM  | Raul Martinez Vite, Mexico  | The surgical evasive non snorer  |
| 3:45 PM  | Rajesh Valand, Maldives   | Endemic lymphatic hypertrophy in islands   |
| 4:00 PM  | Alberto Landaida, Chile   | Primary snoring management   |
| <b>From UPPP to Multilevel Surgery: Choosing the Right Procedure for the Right Patient</b>                           |   |  |
| 4:15 PM  | Vikas Agrawal (Moderator), Vikas Gupta, Sumit Samant, Anamika Rathore, Uttam Agarwal, Shakeb Khan | From UPPP to Multilevel Surgery: Choosing the Right Procedure for the Right Patient          |

## REM Hall 5: DAY 03 – 22nd February, 2026 (Sunday)

| Time  | Speaker                  | Title  |
|---|--------------------------|--|
| <b>Surgical Video Session 16</b><br><b>Chairperson: Jas Simran Singh Bhatia</b> |                          |  |
| 8:00 AM   | Sukhvinder Bindra, India | SARME/MMA  |
| 8:15 AM   | Srinivas Kishore, India  | Pyriformplasty / Inferior turbinoplasty using Medtronic inferior turbinate blade |
| 8:30 AM   | Lakshmi Ranjit, India    | Nasal surgery to reduce airway resistance  |
| <b>Combined Sessions</b>  |                          |  |

# PSG Hall 6: DAY 03 – 22nd February, 2026 (Sunday)

| Time  | Speaker                                 | Title  |
|---|---|--|
| <b>Surgical Video Session 17</b>  |   |  |
| <b>Chairperson: Sreenivas Kamath</b>  |   |  |
| 8:00 AM   | Noyu Yokoyama, Japan                    | Epiglottectomy   |
| 8:15 AM   | Vidyasagar R, India                     | Taming the Tongue base : S- SAT procedure  |
| 8:30 AM   | Suheb Patel, India                      | Glosso-Epiglottopexy   |
| <b>Combined Sessions</b>  |   |  |
| <b>ISSS Oral Poster Paper (100 mins)</b>                                    |   |  |
| 11:20 AM  | ISSS Oral Poster Paper 11:20 am to 1 pm |  |
| 11:20 AM  | Sarah Rothman                           | Montelukast vs Intranasal Corticosteroids for Children with OSA: Randomized Trial      |
| 11:26 AM  | Matthew Boliaux                         | Predicting HGNS Outcomes: Analysis from an Urban Sleep Clinic                          |
| 11:32 AM  | Anukaran Mahajan                        | Laryngomalacia as an Underrecognised Contributor to Paediatric Obstructive Sleep Apnea |
| 11:38 AM  | Sohil Gala                              | Understanding Subtleties of Airway Behavior with simple clinical examination           |
| 11:44 AM  | Sui Li                                  | Efficacy of nasal high-flow therapy in children obstructive sleep apnea                |
| 11:50 AM  | Regi Kurien                             | Obstructive Sleep Apnoea Endotypes and Relationship with Anthropometric Parameters     |
| 11:56 AM  | Janani Jagannathan                      | SHER Score: Simplifying OSAS Screening in Syndromic Children                           |
| 12:02 PM  | Martin Hopp                             | Efficacy of MD Directed Virtual Health Mandibular Advancement Device                   |
| 12:08 PM  | Parvathi R                              | Symptoms and Risk Factors of OSA in Children with Mucopolysaccharidoses                |
| 12:14 PM  | Valérie Wiener                          | Enhance your DISE assessment with iNAP: feasibility and perspectives.                  |
| 12:20 PM  | OIndrila Seal                           | Paediatric OSA Mapping the Surgical Outcome by Endoscopy and PSQ                       |
| 12:26 PM  | Sankara Subramanian Muthusamy           | Overcoming Hurdles in First Year of Sleep Surgery Practice: Semi-Urban Perspective     |
| 12:32 PM  | Karthikeyan Kanagarajan                 | Cardiac Impact of Hypoglossal Nerve Stimulation for Obstructive Sleep Apnea            |
| <b>1:00 PM</b>  | <b>Lunch</b>                            |  |
| <b>From Nose to Lymphoid Tissue: DISE-Based Airway Evaluation</b>           |   |  |
| <b>Chairperson: Ameet Pradhan</b>   |   |  |
| 2:00 PM   | Col Kamalpreet Singh, India             | Lifestyle modifications in the management of OSA                                       |
| 2:15 PM   | Shivam Sharma, India                    | Interventional DISE  |
| 2:30 PM   | Swetha, India                           | Role of Nose in OSA  |
| 2:45 PM   | Amit Goyal, Dubai                       | Lymphoid hypertrophy major cause of Sleep apnea syndrome in Gulf - My experience       |
| <b>Surgeon's Perspective on Evaluation, Counseling, and Outcomes in OSA</b> |   |  |
| 3:00 PM   | Heer Patel, India                       | Level 1 Vs Level 3 Sleep Study   |
| 3:15 PM   | Renuka Balu, India                      | Outcome parameters after successful treatment of OSA                                   |
| 3:30 PM   | Samantrai KK, India                     | Interpretation of Level One polysomnography a surgeons prospective                     |
| 3:45 PM   | Sohil Gala, India                       | Optimising Outcomes of Palato-pharyngeal Surgeries for OSA                             |
| <b>Early Interventions, Long-Term Impact in Sleep Apnea</b>                 |   |  |
| 4:00 PM   | Grace Ong hui Yan, Malaysia             | Small block, big difference? Lesser Palatine Nerve Block in Multilevel Surgery         |
| 4:15 PM   | Col Meenakshi, India                    | Current trends in managing Paediatric sleep apnea                                      |
| 4:30 PM   | Mrutyunjay Bilagi, India                | Seeds of OSAs are sown in infancy only   |
| <b>4:45 PM</b>  | <b>Q &amp; A Discussion</b>             |  |

# AROUSAL Hall 7: DAY 03 – 22nd February, 2026 (Sunday)

| Time  | Speaker   | Title   |
|---|---|---|
| <b>Surgical Video Session 18</b><br><b>Chairperson: Shilpa Nair</b>   |   |   |
| 8:00 AM   | Yogesh Neupane, Nepal   | Palatal Surgery   |
| 8:15 AM   | Yutaka Matsushita, Japan  | Palatal Surgery   |
| 8:30 AM   | Keishi Nakazawa, Japan  | Palatal Surgery   |
| <b>Combined Sessions</b>  |   |   |
| <b>Dr. Dipankar Datta Video Award Paper 40 mins</b>   |   |   |
| 11:20 AM  | Dr. Dipankar Datta Video Award Paper 11:20 am to 12 pm  |   |
| 11:20 AM  | Janani Jagannathan  | Unusual Airway Collapse: Unique DISE Findings   |
| 11:28 AM  | Kune Saphi Pyrbot   | Barbed Suture Zetapalatopharyngoplasty  |
| 11:36 AM  | Shaswati Sengupta   | Endoscopic Coblator-assisted Adenotonsillectomy with Inferior Turbinoplasty – Stepwise Surgical Video |
| <b>Allergic Rhinitis and Nasal Obstruction in OSAS: Medical Perspectives – Sanofi Symposium</b><br><b>Chairperson: Heer Patel</b> |   |   |
| 12:00 PM  | Navin Patel, India  | Application of Anti-histamine and oral decongestant in Nasal Obstruction                              |
| 12:20 PM  | Puneet Khanna, India  | Double Trouble Navigating Allergic Rhinitis and Obstructive sleep apnea                               |
| 12:40 PM  | Panel Discussion – Sunita Chappola Shukla (Moderator), Subir Jain, Navin Patel, Puneet Khanna |   |
| <b>1:00 PM</b>  | <b>Lunch</b>  |   |
| <b>Special Group Discussion on Neuroscience of OSAS</b><br><b>Chairperson: Mustafa Ezzy</b>                                       |   |   |
| 2:00 PM   | Joy Desai, India  | Sleep essentials for any physician or surgeon   |
| 2:20 PM   | Joy Desai, India  | The Sleep Apneic Brain  |
| 2:40 PM   | Joy Desai, India  | Challenges in Geriatric OSA   |
| <b>Ground realities &amp; real-world challenges</b>   |   |   |
| 3:00 PM   | Rahul Gupta, India  | Hurdles in Developing OSA/Snoring speciality in Govt. Medical Institutes                              |
| 3:15 PM   | Madhusudhana Rao, India   | Evolution of establishing a SNORING CENTRE in rural India   |
| 3:30 PM   | Amrit Kapoor, India   | OSA in non obese individuals: An overlooked/underdiagnosed entity                                     |
| 3:45 PM   | Vikram Choudhury, India   | Clinical Discordance in OSA: A Practical Approach   |
| <b>VF</b>   |   |   |
| 5:00 PM   | <b>Valedictory Function in Hall 1</b>   |   |